

CHURCH SCHOOL LESSON
MARCH 22, W020

This is our second week of no church activities. Have you been keeping busy while being vigilant about washing your hands and keeping your distance from other people? I hope so. Today, our lesson is about a time when Jesus was sad. Here is a little exercise for you to do to see what the disciples were doing while Jesus was praying in the garden.

Cross out the letters W, I T and H to see what the disciples were doing.

T	F	W	H
E	T	L	L
H	T	A	I
S	H	W	L
I	T	E	W
I	J	T	E
W	T	P	H

Have you ever been let down by a friend? How did it make you feel? What did you do?

Jesus went to the garden to pray. Where do you like to go to pray?

The Gospel of Matthew tells us about Jesus' life. Last week we learned about a meal that Jesus had with his friends. We are going to read today's Bible lesson in sections and talk about it as we go along. Look up Matthew chapter 26 and read verses 31-35.

What did Jesus say would happen? How did the disciples react? What did they promise him?

Continue reading verses 36-39.

How was Jesus feeling? Why do you think he felt this way? What did Jesus pray for?

Now read verses 40-46.

Why do you think Jesus prayed the same prayer over and over? How do you think Jesus felt when he found the disciples asleep?

Read verses 47-50.

In Jesus culture, friends commonly greeted each other with a kiss on the cheek. Why did Judas give Jesus a kiss on the cheek? Who arrested Jesus?

Now read verses 51-56.

Why do you think the disciples ran away? What do you think they will do next?

This is a dramatic story. To help us understand what it was like, let's try to pretend we are each of the people or groups of people in the story.

Jesus might have Sensed: 1. 2. Thought: 1. 2. Felt: 1. 2.	The Disciple might have Sensed: 1. 2. Thought: 1. 2. Felt: 1. 2.Sensed:	Judas might have Sensed: 1. 2. Thought: 1. 2. Felt: 1. 2.	The people might have Sensed: 1. 2. Thought: 1. 2. Felt: 1. 2.
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Jesus prayed and was arrested in a garden called Gethesemane where olive trees grew. Olive oil is typically used for cooking but it also gives art an interesting shine.

Draw a picture of a garden with crayons. Press down really hard so the color marks are very heavy. When you are finished use a cotton ball to apply a light coating of olive oil to the back of the picture. Set the picture aside to dry. Once it is dry, hold your picture up to the light. Does it look like stained glass? I would love to see your pictures. Maybe your parents can help you email them to this email address or send them as a picture to my phone which is 989-717-2404.

We've talked a lot about emotions in our Bible story today. Like fear, anxiety and sadness. But we also saw that Jesus was very brave. As unusual as it sounds being afraid and being brave are very closely related. What was Jesus afraid of in the Bible story? How was Jesus brave in the story? If you are never scared you never have a chance to be brave. Being brave does not mean never being scared, it means doing what we have to do even though we are scared. Feeling fear is a normal part of life. We can choose to act brave even when we are scared.

Let us end with a prayer. Thank you Jesus for showing us that we can feel difficult feelings and no matter how scared we are you are always with us. Keep us safe during this troubling time and protect us from harm. Amen.